

Meal Components (per serving size)		Kj	kcal	Fat g	Sat Fats g	Carbohydrate g	Sugars g	Fibre g	Protein g	Salt g
C B H A O S I E C E	Vegetable Chow Mein - Small	1370	326	11.8	1.4	48.2	1.8	3.0	8.2	2.70
	Vegetable Chow Mein - Medium	1713	408	14.8	1.8	60.3	2.3	3.8	10.3	3.38
	Vegetable Chow Mein - Large	2055	489	17.7	2.1	72.3	2.7	4.5	12.3	4.05
	Egg Fried Rice - Small	1470	348	4.4	0.8	69.8	1.2	1.2	7.8	1.76
	Egg Fried Rice - Medium	1838	435	5.5	1.0	87.3	1.5	1.5	9.8	2.20
	Egg Fried Rice - Large	2205	522	6.6	1.2	104.7	1.8	1.8	11.7	2.64
	Cauli Rice - Small	196	46	0.2	0.1	6.8	4.0	3.0	2.8	1.70
	Cauli Rice - Medium	245	58	0.3	0.1	8.5	5.0	3.8	3.5	2.13
	Cauli Rice - Large	294	69	0.3	0.2	10.2	6.0	4.5	4.2	2.55
T O P P I N G C H O I C E S	K-Pop BBQ Chicken - Small	1213	290	12.3	1.3	33.3	12.6	1.8	12.2	2.21
	K-Pop BBQ Chicken - Medium	910	217	9.2	1.0	25.0	9.5	1.3	9.1	1.66
	K-Pop BBQ Chicken - Large	910	217	9.2	1.0	25.0	9.5	1.3	9.1	1.66
	Teriyaki Beef - Small	709	168	4.1	0.8	24.0	16.6	2.6	10.2	2.20
	Teriyaki Beef - Medium	473	112	2.7	0.6	16.0	11.0	1.8	6.8	1.46
	Teriyaki Beef - Large	473	112	2.7	0.6	16.0	11.0	1.8	6.8	1.46
	No Beef Teriyaki - Small	544	128	1.2	0.2	22.8	13.9	3.2	8.3	2.02
	No Beef Teriyaki - Medium	362	86	0.8	0.2	15.2	9.3	2.2	5.5	1.34
	No Beef Teriyaki - Large	362	86	0.8	0.2	15.2	9.3	2.2	5.5	1.34
	Caramel Drizzle Chicken - Small	1175	281	12.6	3.0	30.7	11.3	1.4	11.8	1.78
	Caramel Drizzle Chicken - Medium	783	187	8.4	2.0	20.5	7.5	1.0	7.8	1.18
	Caramel Drizzle Chicken - Large	783	187	8.4	2.0	20.5	7.5	1.0	7.8	1.18
	Chinese Chicken Curry - Small	765	184	9.0	3.4	8.8	2.2	2.7	11.3	1.89
	Chinese Chicken Curry - Medium	553	133	6.5	2.5	6.4	1.6	2.0	8.1	1.37
	Chinese Chicken Curry - Large	553	133	6.5	2.5	6.4	1.6	2.0	8.1	1.37
	Sweet Chilli Prawns - Small	1722	410	16.5	1.4	57.0	24.3	1.1	9.1	3.20
	Sweet Chilli Prawns - Medium	1130	269	10.8	0.9	37.4	16.0	0.7	6.0	2.10
	Sweet Chilli Prawns - Large	1130	269	10.8	0.9	37.4	16.0	0.7	6.0	2.10
	Salt & Pepper Chicken - Small	1135	271	13.6	1.4	23.4	2.4	0.6	13.6	2.20
	Salt & Pepper Chicken - Medium	757	181	9.0	1.0	15.6	1.6	0.4	9.0	1.46
	Salt & Pepper Chicken - Large	757	181	9.0	1.0	15.6	1.6	0.4	9.0	1.46
	Salt & Pepper Potatoes - Small	886	212	13.9	1.2	20.6	2.8	2.0	2.4	0.54
	Salt & Pepper Potatoes - Medium	590	142	9.3	0.8	13.8	1.8	1.4	1.6	0.36
	Salt & Pepper Potatoes - Large	590	142	9.3	0.8	13.8	1.8	1.4	1.6	0.36
	Salt & Pepper Cauli Bites - Small	1351	323	17.2	1.7	38.6	3.8	4.3	5.7	2.14
	Salt & Pepper Cauli Bites - Medium	965	231	12.3	1.2	27.6	2.7	3.1	4.1	1.53
	Salt & Pepper Cauli Bites - Large	965	231	12.3	1.2	27.6	2.7	3.1	4.1	1.53
	Sweet & Sour Chicken - Small	1381	330	14.1	1.4	35.7	13.1	1.0	15.4	2.29
	Sweet & Sour Chicken - Medium	1036	247	10.6	1.1	26.8	9.8	0.7	11.5	1.72
	Sweet & Sour Chicken - Large	1036	247	10.6	1.1	26.8	9.8	0.7	11.5	1.72
	Firecracker Chicken - Small	1392	333	18.1	3.0	29.3	13.8	0.6	12.3	2.38
	Firecracker Chicken - Medium	1044	250	13.6	2.3	22.0	10.3	0.5	9.2	1.79
	Firecracker Chicken - Large	1044	250	13.6	2.3	22.0	10.3	0.5	9.2	1.79
	Kung Po Chicken - Small	790	185	4.0	0.9	21.8	15.5	1.3	15.5	2.38
	Kung Po Chicken - Medium	571	134	2.9	0.7	15.7	11.2	0.9	11.2	1.72
	Kung Po Chicken - Large	571	134	2.9	0.7	15.7	11.2	0.9	11.2	1.72
	Thai Chicken Curry - Small	876	209	11.2	4.9	9.5	2.7	2.4	18.9	2.35
	Thai Chicken Curry - Medium	618	148	7.9	3.5	6.7	1.9	1.7	13.3	1.66
	Thai Chicken Curry - Large	618	148	7.9	3.5	6.7	1.9	1.7	13.3	1.66
	Chicken Katsu Curry - Small (4 Pieces)	1830	438	23.6	6.0	20.8	1.2	0.7	23.5	2.04
	Chicken Katsu Curry - Medium (3 Pieces)	1455	349	17.9	5.2	16.9	1.0	0.7	17.9	1.73
	Chicken Katsu Curry - Large (3Pieces)	1455	349	17.9	5.2	16.9	1.0	0.7	17.9	1.73
Pumpkin Katsu Curry - Small	895	215	7.3	3.4	22.9	2.9	1.7	3.2	1.13	
Pumpkin Katsu Curry - Medium	895	215	7.3	3.4	22.9	2.9	1.7	3.2	1.13	
Pumpkin Katsu Curry - Large	895	215	7.3	3.4	22.9	2.9	1.7	3.2	1.13	

	Meal Components (per serving size)	Kj	kcal	Fat g	Sat Fats g	Carbohydrate g	Sugars g	Fibre g	Protein g	Salt g	
S I D E C H O I C E S	Katsu Curry Sauce Portion - Small	330	80	0.8	2.8	5.4	0.5	0.7	1.1	0.78	
	Katsu Curry Sauce Portion - Large	661	160	1.6	5.6	10.7	1.0	1.4	2.2	1.57	
	Mini Crispy Chicken Balls (5)	568	136	6.9	0.7	10.6	0.4	0.8	8.1	0.62	
	Mini Crispy Chicken Balls (10)	1135	272	13.9	1.4	21.2	0.8	1.7	16.3	1.24	
	Mini Crispy Chicken Balls (15)	1703	408	20.8	2.1	31.8	1.2	2.5	24.4	1.86	
	Mini Crispy Chicken Balls Sharer	2786	667	34.0	3.5	52.1	1.9	4.1	40.0	3.05	
	Fries (Selected stores only)	1154	0	38.2	5.2	44.0	1.0	3.8	4.6	1.20	
	K-Pop BBQ Chicken Wings (2)	1541	368	24.9	5.7	12.8	11.4	1.2	22.6	1.95	
	K-Pop BBQ Chicken Wings (3)	2319	554	37.4	8.5	19.2	17.2	1.9	34.0	2.94	
	K-Pop BBQ Chicken Wings (5)	3860	923	62.3	14.2	32.0	28.6	0.0	56.6	4.90	
	K-Pop BBQ Chicken Wings (10)	7720	1845	124.5	28.3	64.0	57.2	6.2	66.2	9.79	
	Chicken Strips (3)	1125	269	17.1	2.4	11.6	0.5	0.0	16.8	0.95	
	Chicken Strips (5)	1874	448	28.5	4.0	19.3	0.9	0.0	28.0	1.58	
	Chicken Strips (10)	3749	896	57.1	8.1	38.5	1.8	0.0	56.0	3.15	
	Prawn Crackers (39g Bag)	823	197	10.0	0.7	27.1	2.1	1.0	0.1	0.82	
	Vegetable Spring Rolls (2)	385	92	4.7	0.5	11.2	0.8	0.7	1.6	0.39	
	Vegetable Spring Rolls (3)	577	138	7.1	0.7	16.8	1.2	1.1	2.3	0.59	
	Vegetable Spring Rolls (5)	962	230	11.8	1.1	28.1	2.0	1.8	3.9	0.98	
	Vegetable Spring Rolls (10)	1923	459	23.6	2.3	56.1	3.9	3.6	7.8	1.95	
	Vegetable Spring Rolls (15)	2885	689	35.3	3.4	84.2	5.9	5.4	11.7	2.93	
	Crispy Vegetable Gyoza (3)	514	122	0.0	0.5	17.9	2.6	2.1	3.3	0.74	
	Crispy Vegetable Gyoza (5)	857	204	7.8	0.8	29.8	4.4	3.5	5.5	1.23	
	Crispy Vegetable Gyoza (10)	1714	408	15.6	1.6	59.6	8.8	7.0	11.0	2.46	
	Salt & Pepper Cauli Bites (3)	579	139	7.4	0.7	16.6	1.6	1.9	2.5	0.92	
	Salt & Pepper Cauli Bites (5)	965	231	12.3	1.2	27.6	2.7	3.1	4.1	1.53	
	Salt & Pepper Cauli Bites (10)	1930	462	24.6	2.4	55.2	5.4	6.2	8.2	3.06	
	Salt & Pepper Cauli Bites (15)	2895	693	36.9	3.6	82.8	8.1	9.3	12.3	4.59	
	Apple Pie Rolls (2)	682	163	5.8	0.5	26.8	7.9	2.4	1.9	0.11	
	Apple Pie Rolls (2) + 30g Caramel Dip	1105	264	8.1	2.0	46.6	20.9	2.4	3.2	0.40	
	Apple Pie Rolls (5) + 30g Caramel Dip	2127	508	16.9	2.9	86.7	32.7	6.0	6.1	0.58	
	Apple Pie Rolls (5) + 2 x 30g Caramel Dip DELIVERY ONLY	2550	609	18.4	4.4	106.5	45.7	6.0	7.4	0.87	
	Sweet Chilli Pot 50g DELIVERY ONLY	385	91	0.0	0.0	22.0	20.3	0.0	0.1	1.38	
	Dip Pot - Sweet Caramel Sauce 30g	423	101	2.3	1.5	19.8	13.0	0.0	1.3	0.29	
	Dip Pot - Chinese BBQ 30g	206	49	0.0	0.0	11.9	9.5	0.4	0.8	0.33	
	Dip Pot - Firepit Mayo 30g	351	84	5.7	0.8	7.8	5.1	0.4	1.5	0.87	
	Dip Pot - Light Soya Sauce 30g	55	13	0.0	0.0	2.7	2.4	0.5	1.8	3.60	
	Dip Pot - Sweet Chilli Sauce 30g	218	51	0.0	0.0	12.5	11.3	0.3	0.2	0.73	
	D R I N K S	Pepsi 12 floz/355ml	625	149	0.0	0.0	39	39.1	0	0	0.00
		Pepsi 16 floz/473ml	832	199	0.0	0.0	52	52.0	0	0	0.00
		Pepsi 22 floz/651ml	1146	273	0.0	0.0	72	71.6	0	0	0.00
		Pepsi Max 12 floz/355ml	5	1	0.0	0.0	0.0	0.0	0.0	0.0	0.07
		Pepsi Max 16 floz/473ml	7	1	0.0	0.0	0.0	0.0	0.0	0.0	0.09
		Pepsi Max 22 floz/651ml	9	2	0.0	0.0	0.0	0.0	0.0	0.0	0.13
		Diet Pepsi 12 floz/355ml	7	1	0.0	0.0	0.0	0.0	0.0	0.0	0.18
		Diet Pepsi 16 floz/473ml	9	2	0.0	0.0	0.0	0.0	0.0	0.0	0.84
Diet Pepsi 22 floz/651ml		13	3	0.0	0.0	0.0	0.0	0.0	0.0	0.33	
Pepsi Max Cherry 12floz/355ml		11	2	0.0	0.0	0.0	0.0	0.0	0.0	0.18	
Pepsi Max Cherry 16 floz/473ml		14	3	0.0	0.0	0.0	0.0	0.0	0.0	0.24	
Pepsi Max Cherry 22 floz/651ml		20	5	0.0	0.0	0.0	0.0	0.0	0.0	0.33	
Tango Orange Sugar Free 12 floz/355ml		18	4	0.0	0.0	0.0	0.0	0.0	0.0	0.43	
Tango Orange Sugar Free 16 floz/473ml		24	5	0.0	0.0	0.0	0.0	0.0	0.0	0.57	
Tango Orange Sugar Free 22 floz/651ml		33	7	0.0	0.0	0.0	0.0	0.0	0.0	0.78	
7Up Free 12 floz/355ml		28	7	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
7Up Free 16 floz/473ml		38	9	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
7Up Free 22 floz/651ml		52	13	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
Robinsons Real Juice - Peach and Mango 500ml		30	150	0.0	0.0	5.0	5.0	0.0	0.0	0.06	
Fruit Shoot (275ml bottle)		18	4	0.0	0.0	0.8	0.8	0.0	0.0	0.03	
Liptons Ice Tea Lemon (500ml bottle)	81	19	0.5	0.1	4.6	4.5	0.0	0.5	0.03		